

— FOWEY VALLEY HOTEL —

BREAKFAST MENU

LOSTWITHIEL, CORNWALL

BREAKFAST TIMINGS

Monday - Friday 7 - 9am

Saturday - Sunday 8 - 10am

 /bwfoweyvalley  @bwfoweyvalley

Lostwithiel, Cornwall PL22 0DD Tel: (01208) 872223
Email: bookings@foweyvalleyhotel.co.uk www.bw-foweyvalley.co.uk

Dinner is served in the Restaurant from 6.00pm - 8.30pm (last orders)
Please book a table at Reception

CHILLED BREAKFAST BUFFET

Orange, Apple & Cranberry Juice

Danish Pastries & Rolls

Semi-Skimmed Milk

Croissants

Prunes & Grapefruit

Blueberry or Chocolate Muffins

Melon & Grape Salad

Fresh Fruit

Natural & Fruit Yoghurts

Toast - Fresh Brown or White Bread

Selection of Preserves including:
Marmalade, Mixed Jams, Chocolate Spread
& Honey

CEREALS

A selection of Cereals are always available

Make your own Muesli

Dried Sultanas, Raisins, Currants, Apricots, Banana Chips & Mixed Nuts

BEVERAGES

Breakfast Tea

Twinning's Fruit Tea Selection

Fresh Filter Coffee

Fresh Bean to Cup Coffee

Decaffeinated Coffee

Hot Chocolate

Cappuccino, Mocha, Espresso

CORNISH COOKED BREAKFAST

Pork and Black Pepper Sausages

Smoked Back Bacon

Hash Brown

Grilled Tomato

Baked Beans

Eggs to Order

Fried, Scrambled, Boiled or Poached

PLEASE ASK OUR STAFF FOR THE FOLLOWING

Vegetarian Sausages

Dairy / Gluten Free Options

Fresh Omelette

Smoked Haddock

Homemade Porridge

Grilled Smoked Kippers

Smoked Salmon & Scrambled Egg

PLEASE NOTE:

When the Hotel is busy a Buffet Breakfast will be served. In quieter times everything will be cooked to order, please allow sufficient time to be served.

BREAKFAST TO GO

Should you require an early Breakfast or Breakfast to go, please speak with one of our Reception staff the evening before.

ROOM ONLY TARIFF

Adult £12.95

Child £8.95

All our produce is sourced locally where possible.
Please do not hesitate to speak to our staff if you have any dietary requirements.