

— FOWEY VALLEY HOTEL —

# BREAKFAST MENU

LOSTWITHIEL, CORNWALL

## BREAKFAST TIMINGS

Monday - Friday 7 - 9am

Saturday, Sunday & Bank Holidays 8 - 10am

 /bwfoweyvalley  @bwfoweyvalley

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Email: [bookings@foweyvalleyhotel.co.uk](mailto:bookings@foweyvalleyhotel.co.uk) [www.bw-foweyvalley.co.uk](http://www.bw-foweyvalley.co.uk)

Dinner is served in the Restaurant from 6.00pm - 8.30pm (last orders)  
Please book a table at Reception

## CHILLED BREAKFAST BUFFET

**Orange, Apple & Cranberry Juice**

**Danish Pastries & Rolls**

**Semi-Skimmed Milk**

**Croissants**

**Prunes & Grapefruit**

**Muffins**

**Melon Platter**

**Fresh Fruit**

**Natural & Fruit Yoghurts**

**Toast - Fresh Brown or White Bread**

Selection of Preserves including:

Marmalade, Mixed Jams,

Chocolate Spread & Honey

## CEREALS

A selection of Cereals are always available

### Make your own Muesli

Dried Sultanas, Raisins, Currants, Apricots, Banana Chips & Mixed Nuts

## BEVERAGES

**Breakfast Tea**

**Cornish Tea Fusion Bags**

**Fresh Filter Coffee**

**Fresh Bean to Cup Coffee**

**Decaffeinated Coffee**

**Hot Chocolate**

**Cappuccino, Mocha, Espresso**

## CORNISH COOKED BREAKFAST

**Pork Sausages**

**Smoked Back Bacon**

**Hash Brown**

**Grilled Tomato**

**Baked Beans**

**Eggs to Order**

Fried, Scrambled, Boiled or Poached

## PLEASE ASK OUR STAFF FOR THE FOLLOWING

**Vegetarian Sausages**

**Dairy / Gluten Free Options**

**Smoked Haddock**

**Homemade Porridge**

**Grilled Smoked Kippers**

**Smoked Salmon & Scrambled Egg**

### PLEASE NOTE:

When the Hotel is busy a Buffet Breakfast will be served. In quieter times everything will be cooked to order, please allow sufficient time to be served.

### BREAKFAST TO GO

Should you require an early Breakfast or Breakfast to go, please speak with one of our Reception staff the evening before.

### ROOM ONLY TARIFF

Adult £12.95

Child £8.95

All our produce is sourced locally where possible.  
Please do not hesitate to speak to our staff if you have any dietary requirements.